

To Whom it May Concern:

I am writing this letter as a concerned parent of a child with ADD. This letter was not solicited by Mission Psychological Consultants, or Dr. Michael Linden. I wanted to write this letter to share my success along with my fears and hesitations to perhaps help someone else enjoy what we now have.

My husband and I have come to the conclusion that the Neurofeedback therapy Jason received from Dr. Linden really worked: we no longer feel the need to "shackle him to his bed and close his door". Jason was diagnosed with A.D.D. in the middle of 4th grade and he was in counseling shortly after my first husband died after a long fight with cancer. We had always had struggles with him but being our first child and having all the problems related with battling cancer, we just assumed that's the way his days were. I remember the constant battles with homework and Jason's frustration and tears with most of it. He's a very diligent boy and it just didn't make sense. Finally the therapist told me Jason had worked through much of his grief and anger, but that according to the problems Jason continued to have at home, he wanted to have Jason do some testing.

He diagnosed the A.D.D. and Jason was put on Ritalin. What a change! It was like the difference between NIGHT and DAY! Last year, while Jason was in 7th grade, I again experienced a dramatic increase in the problems with homework, impulsivity, distractibility and aggressiveness towards his two brothers. My current husband and I went to a seminar hosted by *Mission Psychological Consultants* and were intrigued by the Neurofeedback idea. We were willing to try almost anything.

We went in with a lot of reservations that did not abate even during the course of the treatment. Jason had always been on Ritalin 7 days a week, every day of the year. He was just too difficult to handle when he was off his medicine. Towards the end of Jason's Neurofeedback his pediatrician independently strongly recommended that he not take Ritalin on the weekends (his concerns were growth related). We complied although fearful. We were however very pleasantly surprised at how "normal" Jason was acting. Later, after the first unmedicated weekend, my husband and I were reflecting on the whole situation and realized that Jason was behaving much better than we ever would have ever imagined -- and it's gotten increasingly better since then.

Jason has not taken any medication since January 15th, 1994. We still have our ups and downs, but certainly not to the degree as in the past. We are very pleased with the results of Dr. Linden's Neurofeedback treatment program and hope that other children and their families can enjoy the successes we have.

Sincerely,

Stacy Jones